



Ditchmen

Online

Underground Utility Contractors of Florida, Inc.

JULY 2011

OSHA Celebrates 40th Birthday *(see page 4 for details)*



8/11 Day

wear ~~spread~~ the word

August 11 and the 811 number are perfect partners for promoting the call-before-you-dig phone number. What's going on?



1

Common Ground Alliance stakeholders will join outdoor crowds at NBC's Today and CBS's Early Show in matching Call 811 T-shirts. Afterward they'll fill the stands at Citi Field, wearing their 811 shirts of course, for the New York Mets '12:10 p.m. game against the San Diego Padres.



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3

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OSHA Celebrates 40 Years of Accomplishments in the Workplace

The Occupational Safety and Health Administration (OSHA) was established on April 28 1971. Since then, OSHA and their state partners, coupled with the efforts of employers, safety and health professionals, unions and advocates, have had a dramatic effect on workplace safety. Fatality and injury rates have dropped markedly. Although accurate statistics were not kept at the time, it is estimated that in 1970 around 14,000 workers were killed on the job. That number fell to approximately 4,340 in 2009. At the same time, U.S. employment has almost doubled and now includes over 130 million workers at more than 7.2 million worksites. Since the passage of the OSH Act, the rate of reported serious workplace injuries and illnesses has declined from 11 per 100 workers in 1972 to 3.6 per 100 workers in 2009. OSHA safety and health standards, including those for trenching, machine guarding, asbestos, benzene, lead, and bloodborne pathogens have prevented countless work-related injuries, illnesses and deaths.

The following timeline highlights some of the key milestones in occupational safety and health history since the creation of OSHA.

April 28, 1971

The Occupational Safety and Health Administration Is Established

OSHA is officially established on April 28, 1971. OSHA ensures safe and healthful working conditions for working men and women by setting and enforcing standards and by providing training, outreach, education and assistance.

May 1971 to May 1972

First OSHA Standards

OSHA adopts existing national consensus and establishes Federal standards to provide a baseline for safety and health protection in American workplaces.

January 17, 1972

OSHA Training Institute Established

The OSHA Training Institute is established to train OSHA compliance officers and private sector and other Federal government safety personnel. Since its creation, over 210,000 safety professionals have received training at the Training Institute's center. An additional 12,000 have received training through webinars since their introduction in FY 2008. In 1992, the OSHA Training Institute began partnering with colleges and universities to conduct workplace safety classes. Since then, over 248,000 safety personnel have been trained through these education centers.

November 23, 1972

Construction Safety Standards

OSHA issues standards to protect construction workers operating electric power transmission and

distribution equipment, aerial lifts and helicopters.

1975

On-site Consultation Program

Established to Assist Small Businesses OSHA establishes the On-site Consultation Program, a free service funded by OSHA to help small, high-hazard employers identify and correct serious hazards, train workers and supervisors to recognize workplace hazards and develop effective safety and health management systems at their worksites. With significant financial support from Federal OSHA, state-run agencies, using well-trained professional staff, deliver these services. Since its creation, the program has made over 1 million visits to small businesses.



April 12, 1978

OSHA Training and Education Grants

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OSHA announces the New Directions Training and Education grants (now Susan Harwood Grants) to support the development of occupational safety and health training and education programs for workers and employers in high hazard workplaces. This program has trained over 1 million individuals.

February 26, 1980

High Court Clarifies Worker Rights on Imminent Danger

The Supreme Court, in *Whirlpool Corp. v. Marshall*, issues a landmark decision affirming that the OSH Act provides workers with the right to refuse to perform an assigned task on the basis of a reasonable apprehension of death or serious injury, coupled with a reasonable belief that no less drastic alternative is available. The Court held that workers who use this OSHA protection may not be discriminated against for such action.

January 16, 1981

Hearing Conservation Standard

OSHA issues the Hearing Conservation standard which requires that hearing protection be provided to workers exposed to noise levels above 85 decibels. The new standard also requires employers to perform hearing tests on workers to monitor how these protection measures are working.

July 2, 1982

Voluntary Protection Programs

OSHA creates the Voluntary Protection Programs to recognize workplaces with exemplary safety and health management systems and

encourage other employers to follow suit.

January 26, 1989

Safety and Health Program Management Guidelines

OSHA issues voluntary guidelines for effective safety and health programs.

September 1, 1989

Unsafe Machines: Lockout/Tagout Standard

OSHA issues the Lockout/Tagout standard, establishing procedures to safeguard over 39 million employees from the unexpected energization or startup of machinery and equipment or the release of hazardous energy during service or maintenance activities. The Lockout/Tagout standard prevents an estimated 120 fatalities and 50,000 injuries each year.

October 31, 1989

Excavation and Trenching Operations Standard

OSHA issues a stronger rule to protect construction workers from the hazards of working in trenches and excavations. The standard requires that trenches be shored up to prevent collapse and that ladders be provided for exit/escape. Since issuing the rule, trenching fatalities have declined by 40 percent.

December 6, 1991

Bloodborne Pathogens Standard

OSHA protects workers from HIV/AIDS (human immunodeficiency virus/acquired immune deficiency

syndrome) and hepatitis B with the Bloodborne Pathogens standard, providing protection to 5.6 million workers exposed to the hazards of HIV/AIDS and hepatitis B. It results in the dramatic reduction of hepatitis B infection among healthcare workers.

January 14, 1993

Confined Spaces Standard

OSHA issues a standard requiring safe procedures and permits for entry into confined spaces, including underground vaults, tanks, storage bins, manholes, pits, silos, process vessels, and pipelines. The standard prevents more than 50 deaths and more than 5,000 serious injuries annually for the 1.6 million workers who enter confined spaces.

August 9, 1994

Fatal Falls in Construction

Falls are the leading cause of deaths for construction workers. OSHA strengthens protections requiring employers to provide fall protection, such as safety harnesses and lines or guardrails, saving 79 lives and preventing 56,400 injuries each year.

November 15, 2007

Payment for Safety Equipment

OSHA confirms through a rule that employers must pay for most types of required personal protective equipment, such as earplugs, respirators, and protective gloves.

September 30, 2009

Hazard Communication -

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Global Harmonization System

OSHA proposes to increase the quality, accessibility and consistency of information provided to workers, employers and chemical users by adopting a standardized approach to hazard classification, labels and safety data sheets.

May 24, 2010 Falls in General Industry

OSHA issues a Walking/Working Surface Safety proposal to improve worker protection from falls, the leading cause of work-related injuries and death.

Reducing falls in the workplace is expected to prevent about 20 fatalities and 3,500 serious injuries annually.

June 3, 2010 Injury and Illness Prevention Program Initiative

OSHA proposes an initiative to require employers to implement a systematic program to help them find the safety and health hazards in their workplace and fix them. This initiative follows the lead of 15 states, such as California and Minnesota that have already implemented such programs.

August 9, 2010 Cranes and Derricks Standard

OSHA issues a historic new rule, which replaces a 40-year-old standard, designed to prevent the leading causes of fatalities among crane and derrick operators. The rule affects more than 250,000 worksites, which employ about 4.8 million workers, and is expected to prevent 22 fatalities and 175 non-fatal injuries each year.



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UUCF PAC Rebuild & Reload

Amendment 4 (Hometown Democracy) has been on the UUCF radar since 2004 because it had the potential of having a devastating effect on Florida's economy if passed. In the years and days leading up to November 2, 2010, it became very apparent that, based on the facts, this amendment would have a negative effect on jobs, taxes, growth and our voting system.

The UUCF PAC stepped up to the plate with a \$5,000 donation to **"Citizens for Lower Taxes & a Stronger Economy"** which was to be used for a statewide campaign against Amendment 4. **IT WORKED!!**

We can all breathe a collective sigh of relief . . . for now. But, we will face many new challenges in the future that will require an



abundance of dedication and effort in order to protect the industry we love, an industry that provides for our families and an industry that we have poured our hearts and souls into.

The UUCF PAC will continue to work for its members, but now it's time for the members to give back to the UUCF PAC. UUCF PAC Chairman Bruce Wendorf is asking every single member to contribute \$40 to "Rebuild and Reload" the UUCF PAC and help replenish the \$5,000 we committed to help save our

industry and state.

The next threat to our industry is right around the corner. Let's be ready for the fight with a strong UUCF PAC.

UUCF has created a goal gauge on the UUCF website home page. We have been updating the goal gauge as donations are received into the UUCF office. To date, 52.6% of the \$5,000 has been contributed. To view the goal gauge, as well as a list of contributors, please visit the UUCF website at www.uucf.com.

If you have any questions or need additional information, please do not hesitate to contact the UUCF PAC office at (407) 830-1880. If you would like to contribute \$40 to the "Rebuild and Reload" campaign, please make check payable to UUCF PAC and mail to 231 West Bay Avenue, Longwood, FL 32750-4125.

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OSHA Update

Statement by Secretary of Labor Hilda L. Solis on Continued Heat Waves Sweeping the Country

Secretary of Labor Hilda L. Solis recently issued the following statement regarding continued record temperatures:

"Four weeks into the summer, the nation continues to experience record heat. For outdoor workers, this means being at risk for heat-related illnesses, including heat exhaustion and heat stroke. Employers must take the precautions needed to protect outdoor workers:

Have a work site plan to prevent heat-related illnesses and make sure that medical services are available to respond to an emergency should one occur.

Provide plenty of water at the job site and remind workers to drink small amounts of water frequently – every 15 minutes.

Schedule rest breaks throughout the work shift and provide shaded or air conditioned rest areas near the work site.

Let new workers get used to the extreme heat, gradually increasing the work load over a week.

When possible, schedule heavy tasks for earlier in the day.

"Tell workers what to look for to spot the signs of heat exhaustion or heat stroke in themselves and their co-workers, and make sure they know what to do in an emergency. OSHA has fact sheets and posters that illustrate the signs of heat-related illnesses, and the steps that you can

take to prevent them at your work site.

"Remember: water, rest, shade – the three keys to preventing heat-related illnesses in this extreme heat."

OSHA has posted educational materials about heat-related illnesses, including a curriculum for workplace training, at <http://www.osha.gov/SLTC/heatillness/index.html>. Video and audio public service announcements can be downloaded at <http://www.osha.gov/SLTC/heatillness/mediaresources.html>. All of these materials are available in English and Spanish.

Heat Wave: A Major Summer Killer

Heat is the number one weather-related killer in the United States, resulting in hundreds of fatalities each year. In fact, on average, excessive heat claims more lives each year than floods, lightning, tornadoes and hurricanes combined. In the disastrous **heat wave of 1980**, more than 1,250 people died. In the **heat wave of 1995** more than 700 deaths in the Chicago area were attributed to heat. In August 2003, a record heat wave in Europe claimed an estimated 50,000 lives.

North American summers are hot; most summers see heat waves in or around more parts of the United States. East of the Rockies, they tend to combine both high temperature and high humidity; although some of the worst heat waves have been catastrophically dry.

Additional detail on how heat impacts the human body is provided under "**The Hazards of Excessive Heat**" heading.

NOAA's Watch, Warning, and

Advisory Products for Extreme Heat

Each **National Weather Service Weather Forecast Office** can issue the following heat-related products as conditions warrant:

Excessive Heat Outlooks: are issued when the potential exists for an excessive heat event in the next 3–7 days. An Outlook provides information to those who need considerable lead time to prepare for the event, such as public utilities, emergency management and public health officials. See the **mean heat index and probability forecasts** maps.

Excessive Heat Watches: are issued when conditions are favorable for an excessive heat event in the next 12 to 48 hours. A Watch is used when the risk of a heat wave has increased, but its occurrence and timing is still uncertain. A Watch provides enough lead time so those who need to prepare can do so, such as cities who have excessive heat event mitigation plans.

Excessive Heat Warnings/

(Continued on Page 10)

**Be
Safe**

...

**Think
Safe!**





Contractor Member of the Month: Brown Construction of Northwest Florida, Inc.

In 2005, Brown Construction of Northwest Florida, Inc. was honored to receive recognition as Contractor of the Month in the September issue of the *Ditchmen*. At that time, we were enduring the onslaught of recovery after a direct hit from two devastating hurricanes to the panhandle. With the grace from above, persistence and good luck, we have persevered. Currently, we are attempting to maintain our efforts in the utility construction industry a mist an overwhelming economic recession and in addition to the impact of the world's worst oil spill catastrophe on our own beach front. As if the normal day to day variables of utility construction are not enough!

In spite of it all, 2011 finds us now in our 16th year and very fortunate to say we have work and an opportunity to continue our efforts for success. Our direction has not changed. Brown Construction of Northwest Florida, Inc. still pursues utility construction projects for and including Storm Drainage, Sanitary Sewer, Potable Water and Private Fire Main Service in governmental, public and private sectors. For the family and associates that read this note, our efforts and direction are familiar. Through our association with each other and the joint effort to make a positive difference in our industry and our lives, our stories are similar. Integrity, Character, Team Work, Quality, Efficiency and Admirable Goals are all common words to our direction. With these attributes at our foundation, although we continually are forced to evaluate and improve, Brown Construction of Northwest Florida, Inc. has been able to maintain a consistent level of support and an

associated presence in the utility construction and rehabilitation industry in the Pensacola area. Our team of a loyal work force, business administrators and professional resources coupled with solid working relationships with general contractors, subcontractors, material and equipment vendors and both public and private owners continue to be additional keys to our opportunities and success.

Of course, boasting of success, especially in difficult times, is only afforded to us by the recognition of a need and opportunity for improvement through the significant effort of so many others in our industry and community. Like the collective group of leaders of our association that consistently volunteer there heart felt time and effort to

provide direction, attention and resources promoting our cause and direction to allow us to pursue our careers. It is their efforts that we are humbled by and are grateful for their service above self.

Brown Construction of Northwest Florida, Inc. has been a member of the NUCA of Northwest Florida (formerly known as Northwest Florida Utility Contractors Association) chapter, Underground Utility Contractors of Florida (UUCF) and National Utility Contractors Association (NUCA) since 1998. In the past, Lee Brown has served on the NUCA of Northwest Florida board and served as the chapter President. He also has served on the UUCF Board of Directors as the NUCA of Northwest Florida chapter representative.

IRS Increases Mileage Rate Again

Due to the rapidly rising cost of gas, the Internal Revenue Service (IRS) is taking the unusual action of a mid-year increase in the mileage rate for the use of an automobile for business purposes. The current mileage rate that became effective on January 1, 2011 is 51 cents per business mile. Starting July 1, this rate went up to 55 1/2 cents per mile, an increase of 4 1/2 cents per mile.

This is the standard mileage rate used to calculate the deductible costs of operating a private vehicle for business purposes. This rate is used by many businesses to reimburse employees for mileage travelled in their personal vehicles for business reasons. Businesses always have the option not to use this standard rate and instead calculate the actual costs of using a vehicle for business purposes and reimbursing their employees for that cost.





OSHA Update Continued from Page 8)

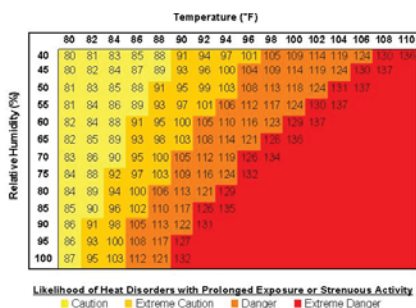
Advisories: are issued when an excessive heat event is expected in the next 36 hours. These products are issued when an excessive heat event is occurring, is imminent, or has a very high probability of occurring. The warning is used for conditions posing a threat to life or property. An advisory is for less serious conditions that cause significant discomfort or inconvenience and, if caution is not taken, could lead to a threat to life and/or property.

How Forecasters Decide Whether to Issue Excessive Heat Products

NOAA's heat alert procedures are based mainly on Heat Index Values.

The Heat Index, sometimes referred to as the apparent temperature and given in **degrees Fahrenheit**, is a measure of how hot it really feels when **relative humidity** is factored with the actual air temperature.

To find the HI, look at the **Heat Index Chart**. As an example, if the air temperature is 96°F (found on the top of the table) and the RH is 65% (found on the left of the table), the HI—or how hot it really feels—is 121°F. This is at the intersection of the 96° column and the 65% row. The National Weather Service will initiate alert procedures when the



Heat Index is expected to exceed 105°–110°F (depending on local climate) for at least two consecutive days.

IMPORTANT: Since HI values were devised for shady, light wind

conditions, EXPOSURE TO FULL SUNSHINE CAN INCREASE HI VALUES BY UP TO 15°F. Also, STRONG WINDS, PARTICULARLY WITH VERY HOT, DRY AIR, CAN BE EXTREMELY HAZARDOUS.

Note on the Heat Index Chart shaded zone above 105°F. This corresponds to a level of HI that may cause increasingly severe heat disorders with continued exposure and/or physical activity.

The Hazards of Excessive Heat

Heat disorders generally have to do with a reduction or collapse of the body's ability to shed heat by circulatory changes and sweating or a chemical (salt) imbalance caused by too much sweating. When the body heats too quickly to cool itself safely, or when you lose much fluid or salt through dehydration or sweating, your body temperature rises and heat-related illness may develop. Heat disorders share one common feature: the individual has been in the heat too long or has exercised too much for his or her age and physical condition.

Studies indicate that, other things being equal, the severity of heat disorders tend to increase with age. Conditions that cause heat cramps in a 17-year-old may result in heat exhaustion in someone 40, and heat stroke in a person over 60.

Sunburn, with its **ultraviolet radiation** burns, can significantly retard the skin's ability to shed excess heat.

Acclimatization has to do with adjusting sweat-salt concentrations, among other things. The idea is to lose enough water to regulate body temperature, with the least possible chemical disturbance/salt depletion.

How Fast Can the Sun Heat A Car?

The atmosphere and the windows of a car are relatively "transparent" to the sun's shortwave radiation and are warmed little. This shortwave energy, however, does heat objects it strikes.

For example, a dark dashboard or seat can easily reach temperatures in the range of 180 to more than 200 degrees F.

These objects (e.g., dashboard, steering wheel, childseat) heat the adjacent air by conduction and convection and also give off longwave radiation which is very efficient at warming the air trapped inside a vehicle.

Adult Heat Wave Safety Tips

Slow down. Reduce, eliminate or rescheduled strenuous activities until the coolest time of the day. Children, senior and anyone with health problems should stay in the coolest available place, not necessarily indoors.

Dress for summer. Wear lightweight, light-colored clothing to reflect heat and sunlight.

Put less fuel on your inner fires. Foods, like meat and other proteins that increase metabolic heat production also increase water loss.

Drink plenty of water or other non-alcohol or decaffeinated fluids. Your body needs water to keep cool. Drink plenty of fluids even if you don't feel thirsty. Persons who have epilepsy or heart, kidney, or liver disease, are on fluid restrictive diets or have a problem with fluid retention should consult a physician before increasing their consumption of fluids. Do not drink alcoholic beverages and limited caffeinated beverages.

During excess heat period, spend more time in air-conditioned places. Air conditioning in homes and other buildings markedly reduces danger from the heat. If you cannot afford an air conditioner, go to a library, store or other location with air conditioning for part of the day.

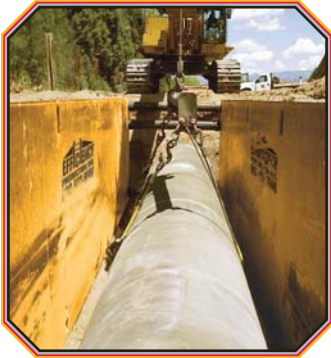
Don't get too much sun. Sunburn reduced your body's ability to dissipate heat.

(Continued on Page 13)



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UUCF Receives Nominations for 2011 Construction Performance Awards

UUCF will be holding its Fifteenth Annual Awards Presentation for the *Mitch Ellington Award* (Contractor Member of the Year), *Gary D. Sawyer Award* (Associate Member of the Year) and *Andrew J. Mayts Award* (Board of Director of the Year). The awards honor outstanding individuals who have made significant contributions (on the local level and continue on to the state level) to the industry and/or association. These contributions can be in any area that results in benefits, progress, achievement or recognition for our association or industry and must have local and/or state impact.

The winners will be announced and awards presented at the UUCF 2011 Convention on Saturday evening, July 23 at the Casa Marina in Key West.

UUCF would like to take this opportunity to thank each chapter for submitting one contractor and associate member for this award. Picking an individual from the list of contractors and associates is a very difficult task. The following is a list of nominees and the chapter they represent:

Contractors:

- NUCA of North Florida: Flo Woodall (John Woody, Inc.)
- NUCA of Northwest Florida UCA: Joe Cook (Pensacola Concrete Construction Company, Inc.)
- NUCA of Southwest Florida: Frank Gibson (Denco Construction, Inc.)
- SUCA: Linda Shutt (David Nelson Construction Co.)

Associates:

- NUCA of North Florida: Steve Dempsey (Ring Power Corp.)
- NUCA of Northwest Florida: Matthew Hall (Holland Pump Co.)
- NUCA of Southwest Florida: Jerry Haas (Coastal Precast of Florida, Inc.)
- SUCA: Kenneth Wachman (MWI-Moving Water Industries Pump Rental Division)

UUCF wishes each candidate the best of luck. We know that everyone can not win; however, it is going to be a tough decision for the Awards Nomination Committee. The committee consists of UUCF President Bill Lee, UUCF President Elect Bruce Wendorf and UUCF Executive Vice President Bruce Kershner.

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**(OSHA Update
Continued from Page 10)**

Do not take salt tablets unless specified by a physician.

Heat Disorder Symptoms

SUNBURN: Redness and pain. In severe cases swelling of skin, blisters, fever, headaches. First Aid: Ointments for mild cases if blisters appear and do not break. If breaking occurs, apply dry sterile dressing. Serious, extensive cases should be seen by physician.

HEAT CRAMPS: Painful spasms usually in the muscles of legs and abdomen. Heavy sweating. First Aid: Firm pressure on cramping muscles or gentle massage to relieve spasm. Give sips of water. If nausea occurs, discontinue water.

HEAT EXHAUSTION: Heavy sweating, weakness, skin cold, pale and clammy. Pulse thready. Normal

temperature possible. Fainting and vomiting. First Aid: Get victim out of sun. Once inside, the person should lay down and loosen clothing. Apply cool, wet cloths. Fan or move victim to air conditioned room. Offer sips of water. If nausea occurs, discontinue water. If vomiting continues, seek immediate medical attention.

HEAT STROKE (or sunstroke): High body temperature (106°F or higher). Hot dry skin. Rapid and strong pulse. Possible unconsciousness. First Aid: **HEAT STROKE IS A SEVERE MEDICAL EMERGENCY. SUMMON EMERGENCY MEDICAL ASSISTANCE OR GET THE VICTIM TO A HOSPITAL IMMEDIATELY. DELAY CAN BE FATAL.** While waiting for emergency assistance, move the victim to a cooler environment and reduce the person's body temperature with a cold bath or by sponging. Use extreme caution. Remove clothing, use fans and air conditioners. If their temperature

rises again, repeat process. Do not give fluids. Persons on salt restrictive diets should consult a physician before increasing their salt intake.

For more information, please contact your local American Red Cross Chapter. Ask to enroll in a first aid course.

Community Guidance: Preparing for and Responding to Excessive Heat Events

The **Excessive Heat Events Guidebook** was developed by the **Environmental Protection Agency (EPA)** in 2006, in collaboration with the **National Weather Service**, the **Centers for Disease Control and Prevention**, and the **Department of Homeland Security**. This guidebook provides best practices for saving lives during heat waves in urban areas, and provides a menu of

(Continued on Page 16)

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Affiliate
Chapter: NUCA of North Florida

Professional Shoring & Supply

Wayne Agamie
Orlando, Florida
(407) 854-9949
Associate
Chapter: District 2

Registered Contractor License Renewal Reminder

Just a reminder that the Registered Contractor licenses from the Department of Business and Professional Regulation (DBPR) are up for renewal on August 31, 2011. Current law requires licenseholders to obtain 14 hours of continuing education with at least one hour in workplace safety, one hour in workers' compensation, one hour in business practices, one hour in the advance building code module, one hour in laws and rules (Chapter 489) and one hour in wind mitigation (this requirement only affects general, residential, building, roofing and glass and glazing contractors).

Don't forget to notify the DBPR office of any address change. Section 489.124(2) gives sole responsibility to the licensee for notifying DBPR in writing of the licensee's current mailing address and phone number.

Failure to notify the department of a change of address shall constitute a violation of this section. In addition, if your address changes and you do not notify the department, you may not receive important mailings from the department such as your renewal notice.

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President's Message



Today, I have been thinking about our convention, "Only The Best Survive Key West," and the good times we had.

In the back of my mind, I was thinking about the weather. So, before the convention, I Googled the weather. In Northwest Florida, they were going to have temperatures ranging from the low 90s to 101s and high humidity, Jacksonville would be in the low 90s, Fort Myers would be 92 and Tampa in the low 90s. In Key West, it was going to be 88° with 60% humidity and a 13 mph north east wind. If I stayed in Gulf Breeze, 800 plus miles and twelve to fourteen hours to the northwest, it would have been hotter. It was cooler and less humid in the Keys than any other area in Florida.

For those that who traveled via the Key West Express, you must have



had a great time. You had good weather and calm seas. For three hours, you practiced drinking umbrella drinks trying to finish them before the ice melted, snacked on conch salad or fritters, caught some rays on the upper deck or bow and got use to the laid back time of the Keys. By the time you docked, your practicing should have paid off. You now fit right in with the rest of the population, your worries should have been forgotten and you had four very fun days ahead.

Flo Woodall, Convention Chair, and the committee had a good program set with the Corn Hole Tournament, Thursday reception, Friday and Saturday Dinners and plenty of

family time.

I would like to thank our sponsors for the major role you played in our convention along with Flo Woodall and the Convention Committee for their hard work in organizing the convention. I know it had been hard nailing down some of the details. Bruce, Julie and Tresa, thank you for all that you have done for this UUCF Convention. You all have done an outstanding job. Selfishly, the Casa Marina and Key West is my favorite location for our conventions, and I hope everyone had a good time.

Continue doing business with our UUCF members, and I'm glad I got to see some of you in Key West!

*Sincerely,
Bill Lee
UUCF President*

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**(OSHA Update
Continued from Page 13)**

options that communities can use in developing their own mitigation plans. ***Beat the Heat is also available in Spanish/Espanol.***

Worker Safety: Outdoor workers can be especially vulnerable to excessive heat. See ***Occupational Safety and Health Administration (OSHA)*** resources and recommended practices (planning, prevention, and response) when working under hot conditions, such as drinking fluids, changing work/rest schedules to lengthen breaks, cooling down in shade, and looking out for co-workers, particularly those who work alone. Check weather forecasts ahead of time so that you can be better prepared.

Produced as a cooperative effort of NOAA's National Weather Service,

the Federal Emergency Management Agency, Occupational Safety and Health Administration, Center for Disease Control, and the American Red Cross.

**OSHA Launches
Interactive Website
to Help Employers
Better Comply with
its Recordkeeping
Rule**

The Occupational Safety and Health Administration recently unveiled a new interactive web tool to help users determine whether injuries and illnesses are work-related and recordable under the OSHA Recordkeeping rules.

The ***OSHA Recordkeeping Advisor*** is an interactive tool that simulates an employer's interaction

with a Recordkeeping rules expert. The Advisor relies on the users' responses to questions and automatically adapts to the situation presented. Responses put into the program are strictly confidential and the system does not record or store any of the information. The Advisor helps employers determine:

- Whether an injury or illness (or related event) is work-related
- Whether an event or exposure at home or on travel is work-related
- Whether an exception applies to the injury or illness Whether a work-related injury or illness needs to be recorded
- Which provisions of the regulations apply when recording a work-related injury or illness

"The Recordkeeping Advisor was

(Continued on Page 20)

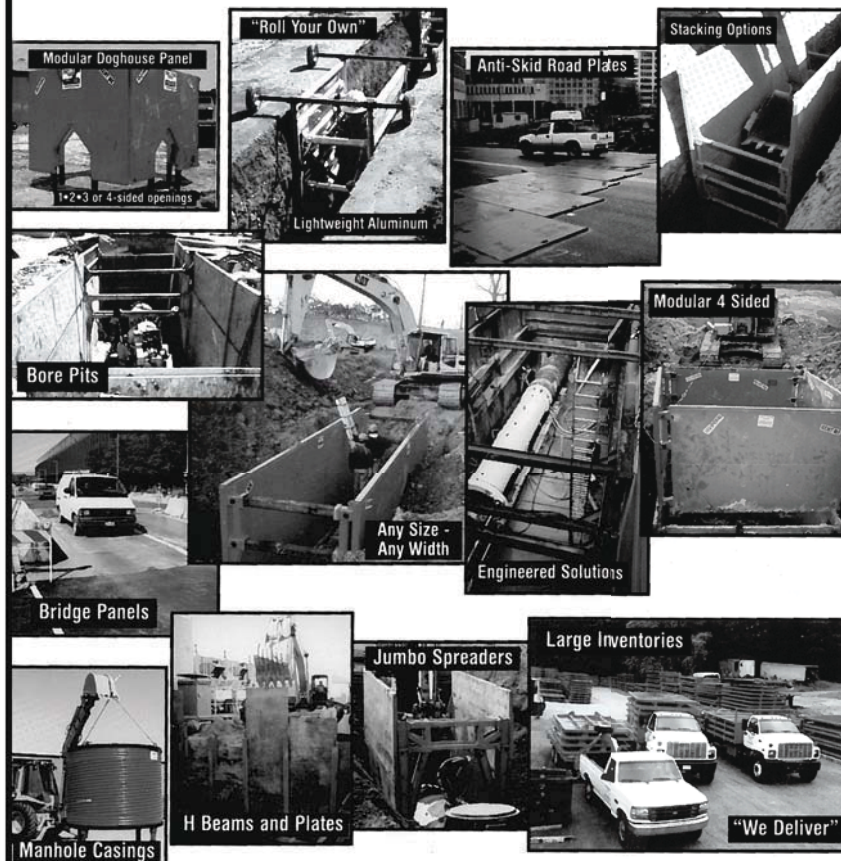
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Division of Workers' Compensation Offers Free Classes

The Florida Department of Financial Services, Division of Workers' Compensation, is offering free classes regarding Florida's workers' compensation laws and workplace safety to business owners, licensed contractors and employers.

Workers' compensation topics covered include:

- Review of Key Statutory Definitions
- Contractor Responsibilities
- Exemptions
- Insurance Coverage Requirements
- Enforcement Provisions

Workplace safety topics presented by OSHA (U.S. Dept. of Labor, Occupational Safety and Health Administration) include:

- Direct and Indirect Costs
- Inspections
- Florida Fatalities

The following is a list of class dates and times for future sessions:

August 10, 2011

2:00 p.m. – 3:00 p.m. EST
Workers' Compensation
WEB Based class

August 11, 2011

2:00 p.m. – 3:00 p.m. EST
Workplace Safety
WEB Based class

August 12, 2011

Tampa
9:00 a.m. – 12:00 noon EST
State Office Building
1313 North Tampa Street, Suite 605
Tampa, FL 33603

August 16, 2011

Pompano Beach
9:00 a.m. – 12:00 noon EST
Workforce One
2301 West Sample Road, Building 4,
Conference Room C
Pompano Beach, FL 33073

August 18, 2011

Orlando
9:00 a.m. –
12:00 noon EST
State Office
Building, Hurston
Complex
400 West Robinson
Street, South
Tower, Conference
Room C & D
Orlando, FL 32801

August 23, 2011

Pensacola
9:00 a.m. –
12:00 noon EST
Alabama Associated
General
Contractors,
Northwest Florida
Section
201 South F Street
Pensacola, FL
32502

September 7, 2011

2:00 p.m. –
3:00 p.m. EST
Workers'
Compensation
WEB Based class

September 8, 2011

2:00 p.m. – 3:00 p.m. EST
Workplace Safety
WEB Based class

September 15, 2011

Tallahassee
9:00 a.m. – 12:00 noon EST
Southwood Complex, Betty Easley
Conference Center
4075 Esplanade Way, Room 178
Tallahassee, FL 33128

October 12, 2011

2:00 p.m. – 3:00 p.m. EST
Workers' Compensation
WEB Based class

October 13, 2011

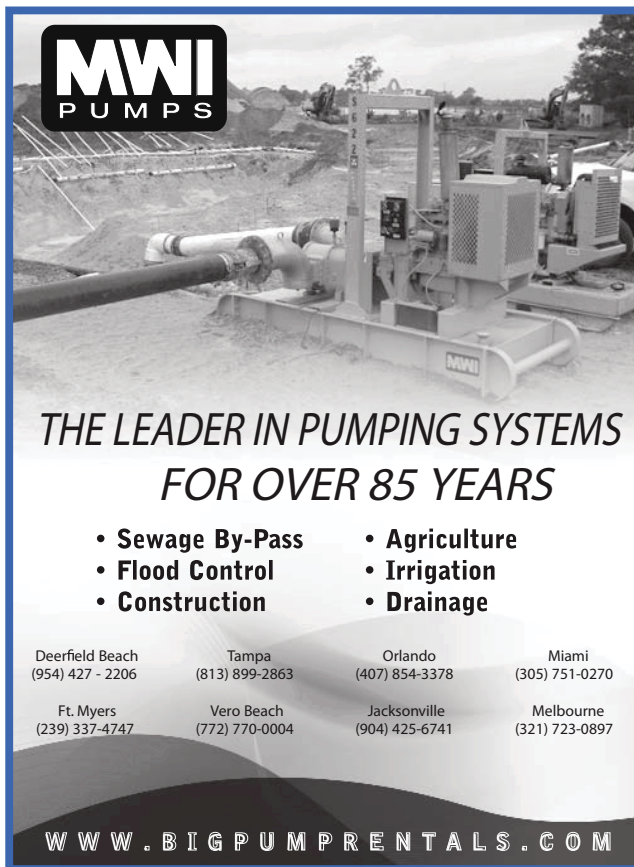
2:00 p.m. – 3:00 p.m. EST
Workplace Safety
WEB Based class

November 2, 2011

2:00 p.m. – 3:00 p.m. EST
Workers' Compensation
WEB Based class

November 3, 2011

2:00 p.m. – 3:00 p.m. EST



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Workplace Safety
WEB Based class

December 14, 2011

2:00 p.m. – 3:00 p.m. EST
Workers' Compensation
WEB Based class

December 15, 2011

2:00 p.m. – 3:00 p.m. EST
Workplace Safety
WEB Based class

The Division of Workers' Compensation is an authorized provider (Provider Number: 0004354) for continuing education purposes through the CILB. Course Number: 0010118 – one hour satisfies the workers' compensation requirement and Course Number: 0010630 – one hour satisfies the workplace safety requirement.

Advanced registration is required. The form is available on the Division's website at www.myfloridacfo.com/WC. For additional information, e-mail bocseminars@MyFloridaCFO.com, or call (813) 221-6518.





Calendar of Events

UUCF

Sept. (TBA) President's Cup Golf Tournament
Nov. 4 Board of Director's Meeting, Orlando

NUCA of North Florida

July 12 Executive Committee Meeting
July 28 Board of Director's & General
Membership Meeting Meetings
Aug. 9 Executive Committee Meeting
Sept. 13 Executive Committee Meeting
Sept. 22 Board of Director's & General
Membership Meeting Meetings
Oct. (TBA) Fishing Tournament,
Sister's Creek Marina/City of Jacksonville
Oct. 11 Executive Committee Meeting
Nov. 8 Executive Committee Meeting
Nov. 17 Board of Director's & Election of
Officers Meetings
Dec. 13 Executive Committee Meeting

NUCA of Northwest Florida

Aug. 11 Board of Director's Meeting
Sept. 8 Board of Director's Meeting
Oct. 13 Board of Director's Meeting

NUCA of Southwest Florida

Aug. 18 General Membership Meeting,
Holiday Inn, Gulf Coast Town Center, Fort Myers
Sept. (TBA) Fishing Tournament
Oct. 20 General Membership Meeting,
Holiday Inn, Gulf Coast Town Center, Fort Myers
Nov. (TBA) Board of Director's Meeting
Dec. (TBA) Christmas Party

SUCA

Aug. 4 Membership Meeting
Aug. 25 Trade Show,
DoubleTree Westshore, Tampa
Sept. 8 Membership Mixer,
Howl at the Moon, Channelside
Sept. 15 Fish Fry, Largo Central Park, Largo
Oct. 6 Annual Meeting & Elections,
Rusty Pelican, Tampa
Oct. 21 Clay Shoot,
Tampa Bay Sporting Clays, Land O'Lakes
Nov. 3 Membership Meeting & Installation of
2012 Officers & Directors
Dec. 3 Year End Banquet,
Tampa Club, Tampa

Sunshine State One Call of Florida, Inc. (SSOCOF) Meetings

Aug. 10-11 Strategic Planning Meeting,
Hilton Sandestin Beach Golf
Resort & Spa, Destin, Florida
Aug. 12 Board of Director's Meeting,
Hilton Sandestin Beach Golf

Resort & Spa, Destin, Florida

Sept. 16 Executive Committee Meeting,
DeBary Call Center/Conference Call

Nov. 17 Committee Meetings, DeBary Call Center

Nov. 18 Board of Director's Meeting,
DeBary Call Center

Dec. 16 Executive Committee Meeting,
DeBary Call Center/Conference Call

Construction Industry Licensing Board Meetings

Aug. 10-12 Embassy Suites Tampa/USF,
Tampa, FL

Sept. 14-16 TBA

Oct. 12-14 Gaylord Palms Resort & Convention
Center, Kissimmee, FL

Nov. 9-11 Hampton Inn & Suites Amelia Island,
Fernandina Beach, FL

(OSHA Update Continued from Page 16)

developed to better help employers understand and comply with their work-related injuries and illnesses," said Assistant Secretary of Labor for Occupational Safety and Health Dr. David Michaels.

OSHA's **Injury and Illness Recordkeeping** page links to the Recordkeeping Advisor and other guidance materials to help employers understand and comply with Federal recordkeeping and reporting requirements.

The OSHA Recordkeeping Advisor is one of a series of elaws (Employment Laws Assistance for Workers and Small Businesses) Advisors developed to help employers and workers understand federal employment laws. A full list of Advisors can be found at the **elaws** Web site.

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA's role is to assure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit <http://www.osha.gov>.

OSHA Revises Directive for Reducing, Eliminating Hazards in Commercial Diving Operations

The Occupational Safety and Health Administration recently revised a **directive** that provides guidance on OSHA procedures aimed at eliminating hazards and reducing worker injuries, illnesses and deaths during commercial diving operations.

"Commercial divers who spend extended periods of time





underwater are exposed to hazards such as drowning, circulatory and respiratory problems, and hypothermia,” said Assistant Secretary of Labor for Occupational Safety and Health Dr. David Michaels. “The guidance provided in this directive will help ensure consistent enforcement and compliance with OSHA’s commercial diving operations standards.”

OSHA’s **commercial diving standard** (29 CFR 1910 Subpart T), issued in 1977, applies to diving and related support operations in the general, construction and maritime industries. OSHA published a Federal Register notice in January 1985 that exempts scientific diving from the commercial diving standard’s requirements if those diving operations meet certain conditions. OSHA amended the standard in February 2004 to allow recreational diving instructors and guides to comply with an alternative set of requirements instead of the decompression chamber requirements in the existing standard.

This revised directive updates the Subpart T – Commercial Diving Operations directive issued in 2006. Changes in the current directive include:

- providing information to OSHA compliance officers, consultants, government and industry groups in support of interventions to help minimize worker exposure to commercial diving hazards
- listing answers to commonly asked questions about commercial diving operations
- clarifying the requirements for and duties of workers who assist divers with their diving suits and gear, communications equipment and other functions
- updating the instruction to ensure that current editions of other OSHA instructions, as well as industry standards and manuals, are referenced
- updating the instruction about no-decompression air dives (Appendix D) based on Revision 6 of the **U.S. Navy Diving Manual**, and
- adding electronic links to enhance the directive’s Web-based usability.

Included in the directive are inspection procedures for before, during and after dives, equipment maintenance and recordkeeping requirements. The directive is available on OSHA’s **Safety and Health Topics page on Commercial Diving**, along with commercial diving standards specific to shipyard employment, marine terminals and longshoring, hazards and solutions, and safety and health programs.

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA’s role is to assure these conditions for America’s working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit <http://www.osha.gov>.

Sunshine State One Call of Florida, Inc. 2011 Holiday Calendar

Labor Day	09/05/11
Thanksgiving Day	11/24/11
Day after Thanksgiving Day	11/25/11
Christmas Eve	12/23/11
Christmas Day	12/26/11

SSOCOF’s business hours are Monday through Friday from 7:00 a.m. to 5:00 p.m. **Please keep the above dates in mind when calling for locates two business days prior. The law now requires two full business days prior to digging.**



2011 FDOT Letting Date

August 31
September 28
October 26
December 7

2012 FDOT Letting Date

January 25
February 29
March 28
April 25
May 23
June 20





Chapter News

NUCA of North Florida

Have you purchased your ticket for the NUCA of North Florida Reload Raffle yet? Tickets are \$50 each and only 100 tickets will be sold! Winner will have choice of: Ruger Red Label 12 Gauge Shotgun or Browning A-Bolt Hunter or LG 42 inch Commercial Widescreen HDTV or \$1,000 Cash. Drawing will be held on July 28, 2011 at Reynolds, Inc. Proceeds will benefit the NUCA of North Florida general fund. The person who sells the most tickets will get a free raffle ticket. At press time, Lauren Atwell with Reynolds, Inc. was in the lead with 19 tickets sold followed by Donnie Wynn with Florida Roads with 10 tickets sold. We have less than 50 tickets left to sell. Call the NUCA of North Florida office at (904) 296-1230 if you would like to purchase a ticket. Members and Non-members are eligible to participate.

The NUCA of North Florida Membership Committee designed a six-week membership drive this spring to promote our Association, attract new members and encourage participation in our functions. After six short weeks, the tallies are in! Ryan Schmitt of Petticoat-Schmitt Civil Contractors, Inc. broke out in the lead with two new members (Curb Systems of Northeast Florida, Inc. – associate member) and (G & H Underground Construction – Contractor member). His total points earned for the contest afforded him a \$150 room credit to the upcoming UUCF Convention in Key West! Second place goes to our current President Lauren Atwell of Reynolds, Inc. Lauren will be awarded a \$100 Visa gift card for the points he earned by active participation in the drive. Pulling up in a very close third place is Past President Ed Porter with Barco Duval who brought in one new member (Diamond B. Commercial Tire.) Thank you to everyone who participated.

On June 7 and June 9, Ellis & Associates, Inc. conducted a

Geotechnical training class for members of our association. The program began with a slide presentation followed by tours of the concrete and soil laboratories with hands-on demonstrations. We appreciate instructors Joe Champion, Joey Broussard and Scott Davidson for sharing their expertise. Thank you to the following companies who attended the training: A. J. Johns, Inc.; Florida Roads Contracting; J.B. Coxwell Contracting; MWI Pump Rental; Myers-Seth Pumps; Petticoat-Schmitt Civil Contractors; Regan, Zebouni & Walker, Reynolds, Inc.; and United Rentals Trench Safety. A special thank you to Mike Gruber, our Education Chair, for organizing and coordinating the training.

The dates and location have been set for the Brand New NUCA 2012 Convention. Join us in Fort Worth, Texas from March 12-16. Mark your calendar and plan to attend.

NUCA of Northwest Florida

NUCA of Northwest Florida is pleased to announce its First Annual Equipment Rodeo on Saturday, July 30, 2011 from 11:00 a.m. to 4:00 p.m. at the Equestrian Center in Pensacola, Florida. There will be team, individual and ladies competitions with cash prizes, as well as events for kids.

The following level of sponsorships are available: **"Fleet" Sponsor – \$1,000** (includes four free admissions into the event, four free lunches, two free single competition entries, one free vendor/sponsor display table and a listing in all advertisements). **"Excavator" Sponsor – \$500** (includes two free admissions into the event, two free lunches, one free single competition entry, one free vendor/sponsor display table and a listing in all advertisements). **"Backhoe" Sponsor – \$250** (includes two free admissions into the event, one free vendor/sponsor display table and a listing in all advertisements). **"Small**

Equipment" Sponsor – \$100 (includes a listing in all advertisements).

Registration fees prior to July 1 for the competitions: Individual – \$15, Ladies – \$10 and Team (three members) – \$45. After July 1, the entry fees are increased \$5 for each category.

For additional information or sponsor/registration forms please contact the chapter office at (850) 434-8328.

In conjunction with the equipment rodeo, the chapter is holding a raffle for a new Kubota B2360DT 4 x 4 Diesel Tractor with AG tires, a Betterbuilt 18" utility trailer with electric brakes and a Kingkutter 4" gear driven tiller. The total value is \$15,400.00. Tickets are \$100 each and are available from any chapter board member. Odds of winning are good as a limited number of tickets will be sold (a lot better than the lottery!) To purchase a ticket, please contact Committee Chairman Paula Lieser at (850) 476-0026.

SUCA

Can you believe we are already halfway through 2011?

SUCA's Scholarship Committee has completed the challenge of selecting the recipient of the 2011 scholarship award. The recipient will be announced and awards presented at Scholarship Night on July 14 at the Columbia Restaurant in Ybor City. The evening begins with cocktails at 6:30 p.m., dinner at 7:15 p.m. and the awards presentations immediately follow dinner. SUCA's scholarship program has been in place since 1989 and has awarded over \$95,000 to the children of SUCA members. Please take part in this important association event. Make your reservations today by contacting the SUCA office by phone at (813) 355-4879 or by e-mail at mtjader@suca.org. The scholarship committee is chaired by





Linda Shutt of David Nelson Construction Co. and assisted by Jack Neu of Nielson Wojtowicz Neu & Associates, Bill Cammann of Lanier Upshaw, Tom Woodward of David Nelson Construction Co. and Tom Butler of RIPA & Associates.

The 2011 SUCA Showcase will be held on Thursday, August 25, 2011 at the DoubleTree Hotel in Tampa. This is a table top show and is near selling out. Only eight booths remain and will be filled on a first-come, first-serve basis, so get your reservation in today! Admission is free and attendance is open to contractors, engineers and representatives of municipalities in SUCA's membership area. If you are interested in attending, reserving exhibit space or sponsoring the event, please contact the SUCA office. We look forward to your participation in making the show in 2011 a success!

Mark your calendars now for SUCA's Annual Fish Fry on Thursday, September 15, 2011. The fish fry will again be held at Largo Central Park from 11:00 a.m. – 1:30 p.m. This ever popular event draws over 300 people year after year for seafood cooked on site and a chance to make those important business contacts over lunch. Ten tickets will be mailed out to each member firm in mid to late August. Please remember to return any unwanted tickets to the SUCA office by September 12.

SUCA's Membership Committee, chaired by Wayne Jensen of Stahl & Associates Insurance, is in full swing with the half year dues promotion. This is a great time to have a prospective member who may not be sure about joining the association to try membership for six months at half price. Please contact the SUCA office for more information. Remember, you will receive \$50.00 for each new member you sponsor!

SUCA's Nominating Committee is currently working to plan our leadership for 2012. If you are interested in serving on SUCA's

Board of Directors or in serving on a committee, please email the SUCA office of your interest at mtjader@suca.org. As a reminder, you do NOT have to sit on SUCA's board to serve on a committee. Get involved in your association!

It's not too early to mark your calendars for Saturday, December 3, 2011. That's the night of SUCA's Annual December Banquet at the Tampa Club. Additional information will be sent out in the next month.

If you are interested in SUCA's projects or events, please contact our office at (813) 355-4879 or visit our website at www.suca.org.

DEP Hosted Public Meetings Regarding Numeric Nutrient Criteria

The Florida Department of Environmental Protection (DEP) held two formal public meetings to present its proposed draft rule and receive public comments on possible revisions to Chapters 62-302 and 62-303, F.A.C., regarding numeric nutrient standards for Florida's surface waters.

The first public hearing was held on Wednesday, July 27, 2011 in Leesburg, and the second public hearing was held on Wednesday, August 3, 2011 in Tallahassee.

A copy of the agenda may be obtained by contacting: Eric Shaw, Department of Environmental Protection, Bureau of Assessment and Restoration Support, MS #6511, 2600 Blair Stone Road,

Tallahassee, FL 32399-2400, (850) 245-8429 or e-mail:

eric.shaw@dep.state.fl.us.

Further information and a copy of the draft rule may be obtained from the Department's website at: <http://www.dep.state.fl.us/water/wqssp/nutrients/index.htm>.

Florida has made a significant investment spanning more than a decade studying and collecting data regarding nutrients in Florida's unique aquatic ecosystems, and has used this science to develop a draft numeric criteria rule for the state of Florida. These workshops were held as part of this open and transparent rule development process and are a continuation of the state's commitment to the development the best rule to address nutrients in the state's surface waters.

UUCF will keep its members up-to-date on this matter as information becomes available.

Water and Domestic Wastewater Operator Certification Program

Now that the date of May 1, 2011 has past, the **"conversion" or "grandfathering"** option is no longer available to distribution applicants. This means that all individuals now wishing to obtain a water distribution license must begin the licensure process at either the Level 3 or 4 (depending on system) and meet all training, education and experience requirements associated with either licensure level and sit for the applicable state distribution examination.

Florida Statutes require anyone who operates a drinking water treatment plant or a domestic wastewater





treatment plant to be licensed by FDEP. Beginning May 1, 2011, licensure for Water Distribution System Operators becomes mandatory. To qualify for licensure an applicant must meet minimum educational and work experience requirements for each class of license. A passing score is required on the exam for the type and level license desired.

You may now **renew your license on-line and pay with your credit card**. It's fast and simple. In addition to using this site to renew your license, you may also check the status of your license(s) and CEU's in addition to verifying your current mailing address. All you need is your pin number which is printed on the renewal notice that was mailed to you. Your employer may also use this site to renew your license(s) with the company credit card. Once your license has been renewed, the OCP will mail your license to you within about 4-5 weeks.

Licensing Process

Step 1: Apply for Exam – I have completed my approved training course and I am ready to take my exam.

- **Examination Information** – Applications and deadlines, fees, locations, handbooks, reference material
- **Veteran Services** – The Department of Veteran Affairs offers reimbursement of fees associated with professional licensure exams to qualified veterans. Please contact them for more information.
- **New Testing Procedures**

Step 2: Apply for License – I have taken and passed my Florida exam and I am ready to get my license.

- **Licensure Information** – Applications, fees, educational requirements, experience requirements, certification

handbook

- **Distribution System Operator Licensure** (Conversion Process)

Renewals

- **License Renewal Information** – Requirements, procedures, fees
- **Continuing Education Requirements & Providers** – information, requirements, providers
- **Renew your license on-line and pay with your credit card**

Need further assistance or information regarding the program?

Please feel free to call us at (850) 245-7500, FAX us at (850) 245-8411, or write to us at:

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Bureau of Water Facilities Funding
2600 Blair Stone Road, MS 3506,
Tallahassee, FL 32399-2400

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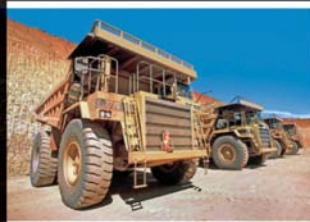
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